## Prioritize Your Wellbeing Unveiling the Link between Dentistry and Overall Health

by Dr. Yolanda Cintron

he COVID-19 pandemic has ushered in a new era of awareness, urging us to become proactive advocates for our own health. It has highlighted the pressing need to optimize our wellbeing, reducing the burden on our immune systems. In a world where boundaries have blurred, our entire planet has become our canvas for seeking better health. This concept is not novel; in fact, it has been a guiding principle for me for the past 25 years, ever since I envisioned and established **The International Center for Dental Excellence**.

What is heartening to witness is the increasing trend of individuals seeking knowledge and pursuing the finest treatment options available. There is

a discernible shift; people are no longer willing to settle for less. A medical professional should be well-versed in international advancements and equipped with cutting-edge technology, comprehensive training, adept teams, collaborative partners, and a repository of materials. This holistic approach, coupled with experiential wisdom, is pivotal in attaining the pinnacle of health and vitality. These are the very reasons why, over the past quarter-century, people have been journeying to us from every corner of the globe.

With modern transportation at our fingertips and a network of international airports in close proxim-

ity, individuals can now embark on purposeful medical journeys. The convergence of easy access to transportation and seamless accommodations has transformed these trips into rejuvenating health expeditions. Many of our patients, having exhausted every avenue elsewhere, arrive with a renewed hope. Previously unbeknownst to them, the impact of oral infections on overall health is profound.

This month alone, we've welcomed patients hailing from diverse countries, states, and localities, each seeking respite from a specific ailment. These individuals come with referrals from their healthcare providers, placing their trust in us to rectify their health challenges. Our expertise has been sought by those grappling with autoimmune diseases, neurological disorders, multiple sclerosis, Parkinson's, anxiety, depression, cancer, chronic fatigue, thyroid issues, kidney and heart diseases, arrhythmias, tachycardia, Afib, endocarditis, bacteremia, ADHD, and more. Their collective aspiration is to partner with

us to prime their health for successful treatment outcomes.

A recent consultation with a gracious lady serves as an apt example. Having previously undergone dental procedures in Costa Rica, she sought our insight into the root cause of her persistent fever, malaise, and inflamed gums. To her astonishment, an examination of her X-rays and cone beam CT scan unveiled a distressing truth. All 28 of her teeth had undergone root canal treatments, harboring numerous abscesses and infections that were detrimentally affecting her bone and soft tissues. This poignant instance underscores the need for informed decisions when it comes to our health.



For comprehensive information on how our expertise can transform your health journey, kindly reach out to us. Call now, 954-938-4599, or visit our website, *GoNaturalDentistry.com*, for more information. Your wellbeing deserves nothing less than excellence.

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