

## Toxic Metals Panel Fecal Test

Item # LC100076

Discover your exposure to a wide variety of toxic metals

At-Home Test



### Fecal Test



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If you're concerned about the possibility of heavy metal accumulation in your body, the Toxic Metals Panel Fecal Test measures fecal levels of antimony, arsenic, beryllium, bismuth, cadmium, copper, lead, mercury, nickel, platinum, thallium, tungsten and uranium.

If you're concerned about the possibility of heavy metal accumulation in your body, this Toxic Metals Panel is an important step to measure the following analytes:

- **Antimony**
- **Arsenic**
- **Beryllium**
- **Bismuth**
- **Cadmium**
- **Cesium**
- **Copper**
- **Gadolinium**
- **Lead**
- **Manganese**
- **Mercury** (best for dental amalgam exposure)
- **Nickel**
- **Platinum**
- **Thallium**
- **Tungsten**

- Uranium

## Sample Report

Heavy metals are a growing concern as we continue to pollute our planet at a rapid rate. Once liberated into the environment through the air, drinking water, food, cosmetics, personal care products, and/or synthetic chemicals, heavy metals enter and accumulate in body tissues faster than the body's detoxification pathways can dispose of them. Since our body cannot metabolize them, heavy metals have the potential to be highly toxic.

This fecal metals test reveals how many metals are moving through you and out of you. For many toxic elements such as mercury, cadmium, lead, antimony, and uranium, fecal excretion is the primary natural route of elimination from the body. Thus, the results of fecal elemental analysis provides a direct indication of current environmental exposure and indirect information about your detoxification of accumulated heavy metals.

Since fecal mercury levels are highly correlated with the numbers of amalgams in a person's mouth, this panel also provides a look at mercury exposure for people with dental amalgams. Fecal mercury levels for people with dental amalgams are similar day to day, and approximately ten times higher than in people who do not have mercury amalgams.<sup>1</sup>

### Instructions

The following documents provide a full set of instructions for completing the test:

### Instructions

#### Note

If you are concerned about recent exposure to mercury due to dietary consumption of fish, it is better to test mercury in your blood (see lab item [LC085324 - Mercury, blood](#)) since the methylmercury in fish is rapidly absorbed. Additionally, if the fecal test shows high mercury, especially in the absence of mercury containing fillings, a blood mercury test should also be considered.

Results take 2-3 weeks from the time the laboratory receives your sample. This test is not available in Pennsylvania and New York. The results for this test can only be received via mail, e-mail, or fax.

### References

1. <https://www.doctorsdata.com/fecal-metals/>

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The laboratory services are for informational purposes only. It is not the intention of National Diagnostics, Inc and Life Extension to provide specific medical advice but rather to provide users with information to better understand their health. Specific medical advice including diagnosis and treatment will not be provided. Always seek the advice of a trained health professional for medical advice, diagnosis or treatment.

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#### The Best Supplements Science Can Offer

When putting something in your body, you should be confident that you're getting the nutritional benefits your body deserves. We've been delivering the highest-quality products —backed by science and formulated with the finest ingredients—for over 40 years.

#### What Matters to You, Matters to Us

We're committed to empowering you to live a healthier life. Whether it's finding sustainable partners for our ingredients or funding the latest anti-aging research, we're all about your health & wellness.

#### Highly Recommended

98% of our customers recommend us to family and friends. We're very proud of that because our loved ones matter to us —and we're willing to bet you feel the same way.

#### Product Transparency

40 years of research dedicated to bringing you premium, scientifically-validated formulations.



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**These products are not intended to diagnose, treat, cure, or prevent any disease.**